

Instructions for use:

If you want your neck gaiter to protect you from viruses and bacteria, put it on in a safe environment.



1. Roll the neck gaiter up.



2. Pull it carefully over your head.



 Adjust the neck gaiter so that the nanofiber filter is in front of your mouth.



 Press the adjustable nose clip over the bridge of your nose in order to prevent air leakage around your nose.



- 5. Use the elastic band with the plastic cord lock to hold the neck gaiter firmly around your head.
- Make sure that the nanofiber membrane covers your nose and mouth.
- If you need to drink or eat pull the neck gaiter off your nose under your chin and keep it around your neck. Make sure that the nanofiber filter stays "hidden" on the inside of the neck gaiter. Do not leave your neck gaiter anywhere this way, you will prevent cross contamination.

 Before and after you adjust your R-shield, disinfect your hands with an antibacterial gel with alcohol.
- If you want to protect yourself from viruses and bacteria wash your neck gaiter after every use, if you have returned from a risky environment.

How to take care of your neck gaiter:

- Wash separately. Machine wash your neck gaiter at 30 °C (86 °F) on a "hand wash" setting with washing powder only. Enough water will wash away residues of viruses.
- 2. Do not use fabric softeners, bleach, or any aggressive detergents.
- 3. Do not spin-dry / do not scrub. Hang the neck gaiter to dry for 12-24 hours.
- 4. Do not dry in a dryer.

Do not sterilize the R-shield with disinfectant, ozone or a UV lamp, do not microwave, do not iron / do not steam or expose to high temperatures.

The above-mentioned practices may permanently damage the nanofilter and lower its efficiency.

www.r-shields.com